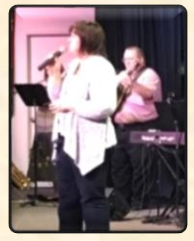




# SIERRA VISTA Community Church

"Where neighbors become friends and friends become family!"

October 04, 2020



## Our goal for 2020



## Our Core Values:

(Matthew 22:36-40 and Matthew 28: 19-20)

### WORSHIP:

"love God with all your heart..."

### MINISTRY:

"love your neighbor as yourself."

### EVANGELISM:

"Go...make disciples/followers..."

### DISCIPLESHIP:

"...teach them...all things..."

### COMMUNITY FELLOWSHIP:

"baptize them..."

## Our Mission Statement:

"Loving God, loving others and reaching the world for Christ!"

## Our Vision Statement:

Sierra Vista Community Church exists to help people know, love, and serve God; bonding them into Christian community, equipping them to grow and to minister to those in need; all for the purpose of glorifying Him!

## Financial

### Weekly budget

Required ..... \$4,966.00

Received on 9/20/20 .....\$ 4,621.93

**Difference ..... (\$344.07)**

## Prayer

We want to join you in prayer.

Send us your prayer request to

[office@svccfamily.org](mailto:office@svccfamily.org)



### Requests:

- Gonzalez family – spiritual, health & financial
- Courtney Conners - health
- Steven Price – health
- Starla Carlile – spiritual
- Fernando – health treatment & spiritual
- Christina & Ashley – health
- Carla Casas – health
- Connie Salayandia – health
- Art Gutzman- health
- Berni & Patti Farran – health

## Announcements

### ❖ WELCOME BACK!

Please help us help everyone stay healthy:

- print/bring your own copy of the sermon outline with you
- wear your mask while at church
- allow Ushers to seat you & dismiss you

### ❖ SVCC Weekly Worship Service Registration

You are encouraged to register every week as early as possible (Monday thru Thursday noon) due to limited capacity requirements.

How to register:

- Website: [www.svccfamily.org/events](http://www.svccfamily.org/events)
- On the phone: (575) 526-9535
- By email: [office@svccfamily.org](mailto:office@svccfamily.org)

To modify or cancel your registration, please call or email the office no later than Fridays at noon.

### ❖ Additional Online Teaching

Please join us online in the study of this week's sermon by receiving a **Refresco** study guide via email and following along online to the **Life Group** teaching with Scott Underwood at <https://svccfamily.org/resources/refrescos>

## Celebrations

### Birthdays

Ruben Ortega	October 7
Michael Cain	October 10
Ute Thomas	October 10

## Contact us

### Phones

(575) 526-9535 / Cell: 386-7375

### Email

[office@svccfamily.org](mailto:office@svccfamily.org)

### Deacon/staff on call:

Javier Calzada (915) 217-8471

## Streaming

### Website

[www.svccfamily.org](http://www.svccfamily.org)

## Worship Service

### Online Registration

[www.svccfamily.org/events](http://www.svccfamily.org/events)

## Giving

### Online

[give.svccfamily.org](http://give.svccfamily.org)

### Mail

514 North Telshor Blvd.  
Las Cruces, NM 88011

**"WHEN SETBACKS LEAVE YOU EMOTIONALLY DEPLETED"**  
**(Turning Your Setbacks Into Comebacks - Part 4)**

Notes

October 4, 2020

"<sup>1</sup> Ahab told Jezebel everything that Elijah had done and how he had killed all the prophets with the sword. <sup>2</sup> So Jezebel sent a messenger to Elijah, saying, "May the gods punish me and do so severely if I don't make your life like the life of one of them by this time tomorrow!" <sup>3</sup> Then Elijah became afraid and immediately ran for his life. When he came to Beer-sheba that belonged to Judah, he left his servant there, <sup>4</sup> but he went on a day's journey into the wilderness. He sat down under a broom tree and prayed that he might die. He said, "I have had enough! Lord, take my life, for I'm no better than my fathers." <sup>5</sup> Then he lay down and slept under the broom tree ... <sup>10</sup> He replied, "I have been very zealous for the Lord God of Hosts, but the Israelites have abandoned Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left, and they are looking for me to take my life." (1 Kings 19:1-5 & 10)

**10 Signs That Your Emotional Tank Is Depleted:**

"Elijah was a man with a nature like ours." (James 5:17)

- You let fear \_\_\_\_\_ your life. "Then Elijah became afraid ..." (v. 3a)
- You \_\_\_\_\_ from things. "... and immediately ran for his life." (3a)
- You \_\_\_\_\_ from needed relationships. "When he came to Beer-sheba that belonged to Judah, he left his servant there ..." (v. 3b)
- You \_\_\_\_\_ make foolish decisions. "but he went on a day's journey into the wilderness." (v. 4a)
- You \_\_\_\_\_ your physical boundaries. "He sat down under a broom tree ..." (v. 4b)
- You \_\_\_\_\_ no value in the work you've done. "... and prayed that he might die." (v. 4b)
- You \_\_\_\_\_ and \_\_\_\_\_. "He said, "I have had enough!" (v. 4c)
- You \_\_\_\_\_ isolated and attacked. "I alone am left, and they are looking for me to take my life." (v. 10b)
- You feel bad when you \_\_\_\_\_ yourself to your ancestors. "... for I'm no better than my fathers." (v. 4d)
- You start \_\_\_\_\_ that death will bring relief. "Lord, take my life ..." (v. 4d)

**Ways God Can Refill Your Emotional Tank:**

**God makes you \_\_\_\_\_.**

"<sup>5</sup> Then he lay down and slept under the broom tree. Suddenly, an angel touched him. The angel told him, "Get up and eat." <sup>6</sup> Then he looked, and there at his head was a loaf of bread baked over hot stones, and a jug of water. So he ate and drank and lay down again. <sup>7</sup> Then the angel of the Lord returned for a second time and touched him. He said, "Get up and eat, or the journey will be too much for you." (vv. 5-7)

**God \_\_\_\_\_ you to \_\_\_\_\_ your frustrations appropriately.**

"<sup>8</sup> So he got up, ate, and drank. Then on the strength from that food, he walked 40 days and 40 nights to Horeb, the mountain of God. <sup>9</sup> He entered a cave there and spent the night. Then the word of the Lord came to him, and He said to him, "What are you doing here, Elijah?" <sup>10</sup> He replied, "I have been very zealous for the Lord God of Hosts, but the Israelites have abandoned Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left, and they are looking for me to take my life." (vv. 8-10)

**God \_\_\_\_\_ me to focus on Him.**

"<sup>11</sup> Then He said, "Go out and stand on the mountain in the Lord's presence." At that oment, the Lord passed by. A great and mighty wind was tearing at the mountains and was shattering cliffs before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. <sup>12</sup> After the earthquake there was a fire, but the Lord was not in the fire. And after the fire there was a voice, a soft whisper. <sup>13</sup> When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Suddenly, a voice came to him and said, "What are you doing here, Elijah?" (vv. 11-13)

control • turn away • push away • impulsively • push • see • complain, give up • feel • compare • believing

ANSWERS: